

nurturing potential



Session: 'Honesty'

Pre-session Preparation

Copies of worksheets

Learning Objective

Developing a personal understanding and appreciation for the value of Honesty.

Two minute recap of previous session

Session

Two scenarios have been provided to invite discussion about the value of Honesty. Divide the participants into 4 groups of equal size and ask each group to discuss the following questions which are provided on the worksheets:

Scenario 1 – Being lied to

Imagine you have lent a personal item (for example a favourite CD, pen or other item) to someone but the item which you thought was only being borrowed is not returned. The person who borrowed the item says they have lost it, but later they see them showing it to some other friends.

Discuss how the group feel. How would you deal with the situation?

Scenario 2 – Lying to others

Imagine you have promised to do your homework so that you can go to a party that evening. Without your parents checking you say it is done, when it isn't, and go to the party anyway. When you fail to hand in their homework at school and get detention your parents receive a letter telling them the situation and the school are very unhappy and would like to talk to them.

How would you feel when they get home and are confronted with this situation? What would be the result of lying? Who is losing out? Why?

For the last 20 minutes of the session bring the group back together and discuss the responses. Talk about feelings that came up during the smaller group discussions and issues that each group had to address.

Relaxation – Last 5-10 minutes

Close session and thank participants for their time and contribution.

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Name:	Date:
Session Number:	Session Name: Honesty

Developing a personal understanding and appreciation for the value of HONESTY.

Scenario 1 – Being lied to

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Scenario 2 – Lying to others

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How would you feel when they get home and are confronted with this situation? What would be the result of lying? Who is losing out? Why?

Why do people lie – why have you lied in the past? Does lying make the situation better or worse? Explain your answers? Is HONESTY always the best thing? How does this discussion change your view of dishonesty and honesty?