

nurturing potential



Session: 'Society'

Pre-session Preparation

Copies of worksheets

Learning Objective

Developing an understanding of what society is, and means, why is it important, and what makes it work?

Class/Whole Group Discussion

Description of Society:

"Social mode of life, the customs and organisation of a civilized nation"

"A social community" "Mixing [and living peacefully] with other people"

'People sharing a common aim or interest'

You can reflect back to "What Do You Have In Common With.." session if this has been used previously, or introduce the concept here.

What is needed for a society to operate effectively and why?

Example of some of the answers expected (also reviews previous Stress-Free-Kids™ sessions)
Rules, Understanding, Expectation, Cooperation, Encouragement, Respect, Relationships, Trust, Role Models, Structure, Values, Courage, Education, Jobs, Money(??), support for those less fortunate or who are having a hard time – for example the NHS, benefits system, Politics(??)

(??) If time allows, discuss with the group whether they see group see Money and Politics as good things.

Discuss with the group the concept of the global society/community – globalisation has made us much more aware of issues in the rest of the world.

Workgroup Exercise – 10 minutes

In small work groups discuss how they see the society around them and what they would change to create a society where everybody is happy and healthy.

What are some of the issues facing Society today?

This could be their town, country or the world. Groups should be prepared to present their opinions and ideas to the rest of the group – 5 minutes.

Relaxation – Last 5-10 minutes

Close session and thank participants for their time and contribution.

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Name:	Date:
Session Number:	Session Name: Society

Developing an understanding of what society is, and means, why is it important, and what makes it work?

Descriptions of Society

What is needed for a Society to operate effectively and why?

Workgroup Exercise (10 minutes)

In workgroups discuss how you see the society around you and what you would like to change to create a society where everybody is happy and healthy. What are some of the issues facing Society today? This could be your town, country or the rest of the world. Your workgroup should be prepared to present their opinions and ideas to the rest of the group.